

2022 Qld Schools VET Conference

Plenary

Welcome and Housekeeping

with Leonie Davis (Velg Training) @ 8:15am on 5th August 2022

- 08:15:17 From Webinar - Velg Training :
You can download the PPT PDF handout and any Additional Resources for today's sessions via the following link:
<https://www.velgtraining.com/events/1351/2112/resources>
- 08:18:28 From Webinar - Velg Training :
Good morning everyone and welcome to those of you that have just joined us for 2022 QLD Schools VET Conference.
Our Official welcome and housekeeping will begin shortly.
-Thank you
- 08:29:46 From Craig - Velg Training :
For more information, visit www.connectngrow.edu.au
- 08:29:53 From Webinar - Velg Training :
Visit the Queensland Schools VET Conference Virtual Satchel Page here:
<https://www.velgtraining.com/events/1351/virtual-satchels-iyml3dj>
- 08:30:37 From Webinar - Velg Training :
You may like to bookmark this page to return to our Virtual Program page – this is where you can click to join your chosen sessions live:
<https://www.velgtraining.com/events/1351/2112/resources>

Teacher Wellbeing - Understanding and improving wellbeing at work

with Samantha Young @ 8:35am on 5th August 2022

- 08:43:12 From Leonie - Velg Training :
Burn out is the only alternative
- 08:44:41 From Cindy Revell :
Good morning everyone! :)
- 08:44:50 From Tanya Brookes :
Morning
- 08:44:59 From Steven Guest :
Hi
- 08:45:24 From Carrie Tufuga :
Good morning Cindy and hello to everyone 😊

- 08:45:35 From Cindy Revell :
Please feel free to type in the chat box if you have any questions or thoughts to share :)
- 08:46:48 From Kirsty Trezise :
I love this concept! Extremely important for us to also recognise in our staff.
- 08:48:30 From Cindy Revell :
Remember to download the resources to share with your team! 😊
- 08:48:45 From Kirsty Trezise :
Absolutely - thank you
- 08:48:52 From Tanya Brookes :
this is awesome and very timely for staff
- 08:50:26 From CatrinaConmee :
Thank you.... it's a topic I'm going to cover with my year 10's.... I'll may be able to use some of this for my students
- 08:51:36 From Kylee Rosenberger :
Sound is cutting in and out but the captions give context, thanks
- 08:51:37 From Carly Ballantyne :
I sadly can't hear the video but may be me as I'm trying zoom on my phone for the first time.
- 08:52:09 From Kirsty Trezise :
Amazing - Thank you
- 08:52:21 From Leonie - Velg Training :
Feeling under pressure
- 08:52:21 From Carly Ballantyne :
Everyday life haha.
- 08:52:21 From Kylee Rosenberger :
Feeling overwhelmed
- 08:52:25 From Cindy Revell :
WOW! 😊 Inspirational 🙏 A link to the video to share would be great!
- 08:52:25 From Chris Grierson :
Body response to something unsafe
- 08:52:26 From Carrie Tufuga :
Being overwhelmed
- 08:52:33 From Domini Roblin :
To be underpressure
- 08:52:39 From Tanya Brookes :
not coping

08:52:44 From CatrinaConmee :
For me it's when I shut down because of the pressure I'm under

08:53:08 From Carrie Tufuga :
Lots of coffee !!!

08:53:33 From Cindy Revell :
😏

08:56:24 From Domini Roblin :
Then why don't they change the system?

08:58:11 From Kirsty Trezise :
👤 Holidays

08:58:30 From Kelly Falconer :
our actions

08:58:36 From susan_going :
Our own response

08:58:41 From Carrie Tufuga :
Our responses to these situations

08:58:43 From CatrinaConmee :
How we react

08:58:45 From Danielle Hicks :
our boundaries

08:59:05 From CatrinaConmee :
Yes.. been there done that

08:59:15 From Kirsty Trezise :
Allocating jobs according to timelines/ priority/ size of task. Ensure you add some time for a walk/ lunch with colleagues in the staffroom etc

09:00:58 From Leonie - Velg Training :
oh dear....Tick. tick. Tick

09:01:08 From CatrinaConmee :
yes.. yes..yes

09:01:35 From Kirsty Trezise :
Interesting that you mention age. I feel we see more 'young' staff changing career after a few years in the profession then when I began teaching. The profession is losing some amazing educators with lots of profession

09:01:53 From Kirsty Trezise :
Sorry... Potential not profession

09:05:58 From Leonie - Velg Training :
😱

- 09:06:25 From Kirsty Trezise :
Your thinking is extremely powerful!
- 09:07:23 From Cindy Revell :
I like what you said - "Stress is necessary to RISE to the challenge!"
- 09:09:14 From Alicia :
Ego. Fear
- 09:09:16 From Leonie - Velg Training :
Gotta Stay Strong
- 09:09:17 From Kirsty Trezise :
I don't think it's in our nature as teachers to 'ask' for help, it is innate in us to 'give.
- 09:09:20 From Chris Grierson :
I need to cope with everything on my own. I'm a failure if I don't.
- 09:09:21 From Inger Laws :
Not wanting to burden others
- 09:09:23 From Kirsty Trezise :
problem solve for others
- 09:09:28 From Domini Roblin :
I don't have time
- 09:09:30 From Kylee Rosenberger :
No time to be stressed haha
- 09:09:35 From CatrinaConmee :
it too overwhelming
- 09:09:37 From Danielle Hicks :
fear of being labelled as "lazy"
- 09:09:42 From Kirsty Trezise :
Everyone is busy, they don't need my problem
- 09:09:45 From susan_going :
lack of access to services in regional areas
- 09:09:50 From scass11 :
Organisational expectations/culture
- 09:11:32 From Kirsty Trezise :
I think the fact lots of teachers get sick/crash in the holidays is an indicator of the pressure cooker environment and the 'go go go' nature of our personalities/ environment. Turning this around makes a huge difference. Like you said... mental and physical are so closely linked.
- 09:12:03 From Kirsty Trezise :
Yeah

09:12:33 From Leonie - Velg Training :
They hate me

09:12:39 From Danielle Hogno :
I bored them- disinterested

09:12:41 From Kirsty Trezise :
I'm boring, they are disengaged

09:12:43 From CatrinaConmee :
What have I done/said

09:13:08 From Kirsty Trezise :
Emergency

09:13:08 From Leonie - Velg Training :
They had a meeting?

09:13:11 From Inger Laws :
none of them

09:13:16 From Tanya Brookes :
they need they leave

09:13:20 From Kirsty Trezise :
Nothing you presume

09:13:20 From Kylee Rosenberger :
People walked out

09:13:21 From Alicia :
They left.

09:13:22 From Domini Roblin :
They left the room

09:13:25 From Chris Grierson :
They left. There a lots of people there.

09:13:34 From CatrinaConmee :
it will drop

09:13:40 From Kirsty Trezise :
👎

09:13:43 From Chris Grierson :
👎

09:14:02 From Kirsty Trezise :
No

09:14:04 From Tanya Brookes :
Nope

- 09:15:07 From Kirsty Trezise :
Deal
- 09:15:44 From Kirsty Trezise :
Agree - great point
- 09:16:06 From Webinar - Velg Training :
A reminder, you can download the PDF handout and any Additional Resources for today's sessions via the following link:
<https://www.velgtraining.com/events/1351/2112/resources>
(if prompted, you will need to login to your Velg profile to access this page)
- 09:16:09 From Danielle Hogno :
So true!
- 09:19:03 From MichaelBeamish :
Me
- 09:19:10 From lherb33 :
Yep
- 09:19:21 From kellie.powell :
Yes
- 09:20:07 From Danielle Hogno :
Kaboom
- 09:20:10 From Leonie - Velg Training :
blows '
- 09:20:50 From Cindy Revell :
Deal
- 09:25:14 From CatrinaConmee :
Wow
- 09:25:30 From Kirsty Trezise :
Cute!!
- 09:26:09 From Kirsty Trezise :
😊
- 09:27:40 From Kylee Rosenberger :
This is lovely, thank you. I will be using this
- 09:27:46 From Cindy Revell :
WOW! 🤩
- 09:27:55 From Kirsty Trezise :
That was sensational - thank you
- 09:28:19 From Kirsty Trezise :
😘 Beautiful

09:28:32 From Tatum Summers :
Thank you so much!

09:28:35 From Domini Roblin :
Thankyou!

09:28:36 From CatrinaConmee :
Thank you...

09:28:37 From Tanya Brookes :
Thank you

09:28:38 From scass11 :
Thanks

09:28:41 From Angela :
Thankyou!!

09:28:41 From Ollie :
Fantastic thank you

09:28:45 From lherb33 :
Thx

09:28:45 From Domini Roblin :
A good reminder!

09:28:46 From SHEPD :
Thank you

09:28:46 From Carrie Tufuga :
Thank you Samantha that was great

09:28:48 From Kylee Rosenberger :
This was a nice start to my day! Thank you

09:28:49 From mvanderhor :
Thank you - beautiful stories

09:28:56 From Tanya Brookes :
I needed this today.

09:28:57 From Cindy Revell :
Amazing presentation! Thanks so much! A link to the videos would be great!
😊

09:28:59 From Danielle Hogno :
So good really appreciate you!

09:29:03 From CatrinaConmee :
Looking forward to reflecting on your presentation

09:29:08 From Steven Guest :
Insightful, many thanks.

- 09:29:09 From Kirsty Trezise :
You have been spot on! Thank you. I will be sharing you and my learnings with our wider College team.
- 09:29:10 From kellie.powell :
thank you!
- 09:29:19 From Rhonda Scullen :
Thank you for your lollypop 😊
- 09:29:24 From Carrie Tufuga :
Thank you :)
- 09:29:26 From CatrinaConmee :
👍
- 09:29:38 From Tanya Brookes :
👊
- 09:30:15 From Kirsty Trezise :
A few lollypop moments Samantha, thank you again....
- 09:31:33 From Craig - Velg Training :
Thanks Samantha. Amazing session!
- 09:31:42 From Naomi :
Thank you!
- 09:32:42 From Samantha Young :
Lollipop leadership - <https://youtu.be/hVCBrkrFrBE>
- 09:33:40 From Samantha Young :
Why Stress is Your Friend TEDx talk -
https://www.ted.com/talks/kelly_mcgonigal_how_to_make_stress_your_friend?utm_campaign=tedspring&utm_medium=referral&utm_source=tedcomshare
- 09:34:42 From Samantha Young to Craig - Velg Training(Direct Message):
Deng Adut 'Radical Resilience' -
<https://www.youtube.com/watch?v=buA3tsGnp2s&t=2s>
- 09:35:08 From Samantha Young :
Thanks so much for having me. Have a wonderful rest of Friday :)
- 09:43:05 From kherh1 :
Thank you 😊

ASQA Update: Findings Arising From the VET Delivered to Secondary School Students Scoping Study with Carmen Basilicata (ASQA) @ 9:45am on 5th August 2022

- 09:56:19 From Leonie - Velg Training :
Please feel free to type any questions/comments in the chat
- 09:57:11 From Carrie Tufuga :
Is the scoping study outcomes in full available to RTO's
Question was answered by Carmen Basilicata (ASQA) during the presentation.
- 09:57:53 From Kirsty Trezise :
Thank you Leonie :) I was going to say the same.
- 09:58:11 From Carmen Basilicata :
<https://www.asqa.gov.au/news-events/news/asqa-publishes-scoping-study-vet-schools>
- 09:58:33 From Carrie Tufuga :
Thank you that's fantastic
- 10:00:11 From Kirsty Trezise :
Agree Carmen :)
- 10:23:29 From Kirsty Trezise :
We find the Diploma of Business extremely popular and beneficial for those enrolled. It is however a lot of work to get through for given timelines. Individual programming of all other subjects/timetabling is key. It is important to ask what is the purpose of the student completing this qualification and is it beneficial to their overall educational pathway. As you mentioned Carmen, the whole picture needs to be transparent as it is a very big undertaking for a teenager.
- 10:24:31 From Kirsty Trezise :
The external provider we work with is great and trainers are supportive and understand our students.
- 10:25:48 From Craig - Velg Training :
Feel free to type your questions/comments into the chat for Carmen to answer and discuss.
- 10:25:51 From Kirsty Trezise :
Thank you Carmen.
- 10:26:15 From Peter Abra :
How do we go about reaching out and linking with ASQA for education and guidance?
Question was answered by Carmen Basilicata (ASQA) during the presentation.

- 10:27:26 From Carrie Tufuga :
Best AQSA contact for VETDSSS Melbourne?
*Question was answered by **Carmen Basilicata (ASQA)** during the presentation.*
- 10:28:59 From Carrie Tufuga :
Brilliant
- 10:29:03 From Carrie Tufuga :
Thank you
- 10:32:12 From SHEPD :
👏 Thank you - very informative.
- 10:32:17 From Cindy Revell :
Thank you! 😊
- 10:32:20 From Kylee Rosenberger :
thank you
- 10:32:31 From Carrie Tufuga :
Thank you Carmen - great information